



ME NU

Karmela
Mediterranean Home Cuisine



BREAKFAST

Egg Salad Sandwich ^(1,2,11)

Challah sesame bread, filled with smashed eggs mixed with fresh onions, and tomatoes - €7

Karmela Toast ^(1,7,11)

Challah sesame bread sandwich with homemade tomato-basil dressing, melted yellow mozzarella and your choice of:

red onion, black olives, corn, fresh tomato, garlic sauce - €8.50

Green Omelette ^(1,3,11)

Cooked with fresh chopped vegetable salad, freshly made hummus, and tahini

Pitta €8.50 / Challah €9.50 / Plate €11

Shakshuka Eggs ^(1,2)

Gently poached in a homemade, rich tomato and bell pepper sauce, flavored with garlic, cumin, and our Middle Eastern spices mix.

Served with fresh bread.

(Not spicy / Mild / Spicy) - €12

Rise Up ^(1,3,4)

Smashed avocado served on a Challah sesame toast bread topped with 2 poached eggs - €6.50

Add extra protein with:

Grilled chicken breast €5

Home-Cured Salmon €6

Karmela's Tuna Toast ^(1,4,7)

Whole grained Toast bread with tuna mixed with spinach, parsley, chopped cherry tomatoes and mayo

- €6.50

HUMMUS PLATES

HOMEMADE WITH THE OLD CLASSIC RECIPE COMING FROM THE HEART OF MIDDLE - EAST
SERVED WITH A SIDE STIMED PITTA BREAD

Classic Hummus ^(1,11)

Tahini, chickpeas, olive oil, lemon dressing, and fresh parsley - €8

Karmela Complete ^(1,2,11)

Hummus, tahini, chickpeas, egg, falafel, and golden eggplant - €11

Hummus Cauliflower ^(1,11)

Crispy fried cauliflower, chickpeas, and parsley - €11

Hummus Mushroom ^(1,11)

Sauteed mushrooms, chickpeas and parsley - €11

Hummus Artichokes ^(1,11)

Served with chickpeas and parsley - €11

Hummus Kebab ^(1,11)

With homemade kebab made of lamb & beef spiced with authentic Middle Eastern mix - €14

Hummus Karmela ^(1,11)

With our Jerusalem mix grill, marinated chicken liver and chicken thighs pargit and caramelized onions - €14

SMALL PLATES

IDEAL OPTIONS FOR SOMETHING TO START WITH AND ARE PERFECT FOR SHARING

Falafel Plate ^(1,11)

8 crispy falafels with amba mango sauce and homemade tahini - €6.50

Crispy Golden Cauliflower ⁽¹¹⁾

Served with Chickpeas, parsley, and tahini - €8

Roasted Sweet Carrots ^(1,7,8)

Served with creamy homemade Middle Eastern labaneh yogurt cream, a drizzle of olive oil and crushed pistachios - €7

Artichokes & Chickpeas ^(2,11)

With Fresh parsley and creamy tahini - €8

Golden Eggplants ⁽¹¹⁾

Served with amba mango sauce and tahini - €6

Grilled Pita Bread ⁽¹¹⁾

with authentic Za'atar mix spices - €2.50

Dip In (Dips Platter for 2) ^(1,3,11)

Delicious dips served with 2 pitta bread. Hummus, Tahini, Spicy Tomato, Matbucha, Tomato Salsa, Beetroot with maple, Eggsalad, Eggplant salad - €11.50

SALADS

Karmela's Salad ⁽²⁾

Fresh lettuce, tomatoes, cucumbers, red onion, cabbage, crispy cauliflower, fried eggplant, boiled egg, and lemon dressing - €13

Mixed Vegetable Salad

Fresh greens, parsley, tomatoes, cucumbers, and red onion - €9

Protein

Mixed greens, cucumbers, lentils, chickpeas, crispy cauliflower, and cumin lemon dressing - €12

Broccoli ^(5,8)

Fresh broccoli, cranberries, red onion, salted peanuts, and lemon dressing - €12.50

Masabacha Cauliflower ⁽³⁾

Mixed greens, chickpeas, crispy cauliflower, fried eggplant, boiled egg, and lemon dressing - €12

Tabbouleh Salad ⁽¹⁾

Mix of fresh herbs, parsley, bulgur, chopped tomatoes, cucumbers, onion, and cranberries - €12

Add to Your Salad:

Chicken Breast 250g - €5

Chicken Schnitzel 250gr - €5

Skinless Boneless Thighs (Pargit) 250g - €5

Kebab 200g - €6

Falafel (5 balls) - €3

Fried Eggplant - €3

Hard-boiled Egg - €1

Add Bulgur - €1

⚠ Our dishes may contain the following allergens:

Gluten (1), Crustaceans (2), Eggs (3), Fish (4), Peanuts (5), Soybeans (6), Dairy (7), Tree Nuts (8), Celery (9), Mustard (10), Sesame (11), Sulphites (12), Lupin (13), Molluscs (14).

Please inform our staff of any allergies or dietary restrictions prior to ordering. Detailed allergen information for each dish is available upon request.

Allergens present in dishes are indicated with numbers next to each item.

"We'd love to hear your feedback! Scan the QR code to share your experience and help us improve. Your opinion matters!"



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CHEFS SPECIALS

Arais ⁽¹⁾

Crispy grilled pita stuffed with spiced minced lamb and beef, seasoned with Middle Eastern spices, served with tomato salsa and side salad - €14

Chicken Shawarma ^(1,7,11)

Served in a homemade laffa a traditional flatbread Stuffed with our own Karmela zaatar mayonnaise sauce, tomato, cucumber, cabbage, onion and tahini - €9.50

Fish Arais ^(1,4,7)

Stuffed pita with marinated cod fish, seasoned with lemon garlic oil, served with homemade labaneh sour cream - €15

Fish Balls ⁽⁴⁾

Pan Fried cod fish balls in homemade spicy tomato sauce, served with a side salad - €15

Oven Baked Sea Bass Fillet ⁽⁴⁾

Marinated in olive oil and lemon, served with a side dish and salad - €21

DESSERTS

YOU DESERVE A SWEET BITE

Chocolate Mousse ⁽⁷⁾

Homemade foamy chocolate mousse served with chocolate flakes. - €6

Malabi ^(5,7,8)

Homemade Topped with pistachios, peanuts and coconut flakes - €6

DRINKS

Soft Drinks (250 ml) - €2.50

Ice Tea - €3

Hot Black Tea - €3

Mineral Water - €1.50

Premium Sodas - €4.50

Homemade Fresh Lemonade - €5

Draught Beer (0.5 L) - €5

Corona / Goldstar Beer - €5

Ouzo Glass - €4

Ouzolanda (lemonade with ouzo) - €5

Ouzo (20 ml) - €20

Local Wine, (white/rose/red)/(187ML) - €7

All prices are in EUR and include VAT | Karmela | Athinon 63, Limassol
25-622 622
www.karmela-restaurant.com

VEGETARIAN OPTIONS

Eggplant Sabich ^(1,3,11)

The Israeli way, served with hummus, tahini, crispy eggplant, boiled egg, amba mango sauce, and fresh parsley - €9

Cauliflower Sabich ^(1,3,11)

Hummus, tahini, crispy cauliflower, boiled egg, chickpeas, and salad - €9

Falafel Pitta ^(1,11)

served with Hummus, tomato, cucumber, tahini, and cabbage - €8

TRADITIONAL & CLASSIC

ALL PLATE OPTIONS ARE SERVED WITH A SIDE DISH FRESH SALAD AND TAHINI.

Lamb Skewers ⁽¹⁾

Mediterranean marinated juicy lamb on the grill
Pitta €13.5 / Challah €16 / Plate €19

Golden Chicken Schnitzel ^(1,3,11)

Crispy Breaded Chicken Schnitzel served with salad and tahini

Pitta €11 / Challah €11.50 / Plate €17.50

Chicken Pargit ⁽¹⁾

Grilled skinless - boneless chicken thighs

Pitta €11 / Challah €11.50 / Plate €18

Homemade Grilled Kebab ⁽¹⁾

Lamb & Beef blend with Middle Eastern spices

Pitta €13 / Challah €14 / Plate €18.50

Chicken Hearts ⁽¹⁾

Baked to perfection and grilled for extra flavor

Pitta €12 / Challah €14 / Plate €16

Karmela Jerusalem Mix Grill ⁽¹⁾

Marinated mix of grilled chicken liver and chicken thighs pargit with caramelized onion

Pitta €11.50 / Challah €12.50 / Plate €16.50

Chicken Liver ⁽¹⁾

Cooked with caramelized onion

Pitta €12.50 / Challah €13.50 / Plate €16

Grilled Chicken Breast ⁽¹⁾

Marinated with Middle East spices.

Pitta €12.50 / Challah €13.50 / Plate €17

Made for 2 ^(1,3,11)

Platter with Kebab, chicken schnitzel, grilled chicken boneless, lamb skewer, fresh cut fries, mixed vegetable side salad served with hummus and tahini side sauce €32.50

Side Dishes - €6

Mash Potatoes, Karmela Rice, Roasted Sweet Potato, Freshly cut Fries, Majadra, Ptittim

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